

LEAVE A LEGACY - INFORMATION SHEET

WHY WE NEED YOUR HELP

Quite simply, a gift in your Will provides much needed funding for the long term, allowing us to develop a clear plan for the years ahead. Any legacy, however big or small will make a huge difference. You can help to change lives and give sufferers of enduring mental health illness fresh hope by making a special pledge to Waddington Street Centre.

1 in 4 people will suffer some form of mental health problem during the course of their lives Royal College of Psychiatrists

We are a Community Mental Health Resource specialising in education.

Established in 1981 in Durham City, the Centre aims to deliver effective support and meaningful opportunities to people with mental health needs. We aim to help people to live fulfilling lives in the community by offering opportunities for personal development social interaction, and by supporting recovery. We are also committed to countering stigma and discrimination.

1 in 6 working age adults experience diagnosable mental health problems (eg. depression, anxiety etc) at any given time

Royal College of Psychiatrists

Whatever your age, keeping an up to date and professionally written will is very important. It is the only way to ensure that your wishes are carried out after you die and that your loved ones and the causes that matter most to you are provided for in the way that you intend.

HOW TO LEAVE A LEGACY

The process of leaving a legacy is very simple. If you are writing your will or trust, or updating your existing one, just put in a provision for Waddington Street Centre, making sure to include our address (3 Waddington Street, Durham, DH1 4BG) and our registered charity number (701514). If you change your mind for whatever reason, you can simply change your will at any time.

By 2020, depression will be second only to chronic heart disease as an international health burden

The World Health Organisation

A RESIDUARY LEGACY is a gift of all or a percentage of your estate made after all other payments have been made. This allows you to divide your estate between the causes that matter most to you. Because it is a percentage rather than a set figure, it also has the benefit to the charity of not depreciating in value over time through inflation.

A PECUNIARY LEGACY is a gift of a set sum of money as chosen by you. Depending on inflation/deflation, the value of the gift is likely to vary over time.

A SPECIFIC GIFT can also be left. This is a donation of anything from an item of jewellery to shares. If you are considering this option, we would recommend you get in touch with the Manager of the Centre.

OUR PROMISES TO YOU

- 1. We won't put you under pressure.
- 2. Your loves ones come first. We respect it.
- 3. We'll use your special gift wisely and effectively.
- 4. You don't have to tell us your decision we would like to thank you, but we do respect your right to privacy.
- 5. If you want to, you can come and see our service first hand just let us know.
- 6. We'll answer any questions you have honestly and quickly.
- 7. If you want your gift to be spent in an area that's special to you, we will arrange it.

CONTACT US

We would be happy to discuss any queries you may have either over the telephone or face to face. You can call 0191 3860702 and ask to speak to the Manager, Deputy Manager or Finance Officer. All calls are dealt with in the strictest confidence, or you can send an email to swakefield@waddingtoncentre.co.uk.

Alternatively, fill in this form and send to:

Waddington Street Centre, 3 Waddington Street, Durham, DH1 4BG.

Name:	
Please choose one of the following options depending on which method you would prefer to be contacted:	
Postal Address:	
Phone No:	
Email:	